

# Halcyon



## Employee Assistance Program

- Family Issues
- Stress and Anxiety
- Depression
- Marriage & Relationship Problems
- Grief and Loss
- Substance Abuse
- Anger Management
- Work-Related Pressures
- Education Guidance
- Legal Services
- Child Care Referrals
- Financial Planning
- Elder & Adult Care Referrals
- Identity Theft
- Convenience Care
- Relocation Services

Access Halcyon EAP  
web-based services  
through:

[www.halcyoneap.com](http://www.halcyoneap.com)  
username: hjuhsd

**The HJUHS D Employee Assistance Program (EAP) is provided by Halcyon. The Halcyon EAP offers professional referrals, assessments and short-term counseling for life's everyday issues.**

### Who is eligible for the Halcyon EAP?

You and your immediate family members.

### When can I call Halcyon EAP?

Halcyon EAP is staffed by professional, licensed counselors 24 hours, 7 days a week, 365 days a year.

### Is the Halcyon EAP confidential?

Yes! The Halcyon EAP is strictly confidential. No one at your company will know that you have accessed services through the EAP. Seeking EAP services will not endanger your job or career.

### How much does it cost?

The Halcyon EAP is paid by your employer. There is no cost to you or your family members. Please note that you may be responsible for costs associated with services not provided by Halcyon EAP.

### How do I access Halcyon EAP?

Call toll-free at **1-888-425-4800**. You will be immediately connected to a licensed counselor who can provide you with assistance.

## Resources and Referrals

**The Halcyon EAP provides resources and referrals for a myriad of personal matters including child care and elder care issues, legal and financial concerns, relocation, pet care, and identity theft. Assistance is available any time for issues listed below.**

### Child Care and Parenting

- Summer Camps (resident, day, specialty)
- Group or family child care
- In-home care
- Back-up care
- School-age care
- Parenting classes and support groups

### Older Adult Care

- Meal services
- Senior centers
- Senior housing options
- Respite care

### Education

- K-12 public & private schools
- Higher education
- Post high school and vocational programs
- Financial aid/scholarships
- Tutoring programs

### Daily Living

- Home maintenance & repair
- Pet care
- Entertainment
- Community volunteering
- Errand service
- Emergency services

### Legal Assist

- Telephonic legal advice
- Legal consultation with a local attorney
- Identity recovery program

### Financial Assist

- Telephonic consultation with financial professionals to assist with debt reduction, home buying, budgeting, bankruptcy prevention
- Access to certified financial planners for financial planning and long-term goal setting

## Halcyon EAP Web-Based Services

**eConnect®:** A secure web-based counseling platform that provides confidential access to scheduled video, telephonic and web chat counseling sessions.

**Resource Library:** Hundreds of articles on a range of personal and work-related concerns

**Skill Builders:** 20-minute eLearning seminars

**Self-Assessment Tools:** Assess your health and emotional well-being.

**Legal and Financial Tools:** Articles and access to legal and financial forms and calculators.

# Support for everyday issues. Every day.